

## 'TAY COUNTRY' AND LOCH LOMOND & THE TROSSACHS.

Perthshire, Fife, Angus and the city of Dundee are promoted collectively as Scotland's *Tay Country*, since they lie along the famous River Tay.

The ancient **Kingdom of Fife** is home to so much of Scotland's rich history as well as some of the country's picturesque coastline.

The iconic coastline of St Andrews, the Home of Golf, is adjacent to the world famous Old Course, but there are many other fascinating towns and villages to explore on the Fife coastline, with views far out across the North Sea. The region's fishing traditions means that this is an area where you can always find somewhere to sample fresh fish and seafood.

The new star attraction in the coastal city of Dundee at the mouth of the River Tay is the **V&A Museum of Design**. Opened in 2018, this exciting new museum is the first ever V&A Museum to be built outside London, as well as the first ever dedicated design museum in Scotland.

In the **Angus** region there are many coastal nature reserves to appeal to wildlife lovers. The Angus town of Arbroath gives its name to the Arbroath Smokie, a tasty local version of smoked haddock invented here, and still produced using methods dating back to the late 1800s.

A variety of boat trips and water-based activities are available on the River Tay, both from the river's mouth at Dundee, as well as further upstream, in the delightful town of Perth.

Visitors can enjoy walks along the River Tay in the delightful city of Perth and though much of **Perthshire** is landlocked, this is an area where an abundance of sparkling rivers and lochs mean there is no shortage of water-based attractions and activities.

Visit scenic Loch Tay where you can explore the area's Iron Age past, and breath-taking Loch Tummel, the view of which is said to have been admired by royalty on multiple occasions.

Further west lies Loch Lomond and the Trossachs. Here you will find **Loch Lomond and the Trossachs National Park**; the first created in Scotland, officially opened in 2002. **Loch Lomond** is one of Scotland's most famous lochs, celebrated in story and song.

Set sail on a cruise to admire its many small islands, or enjoy the main watersports on offer along 'the bonnie banks'. Or take a steamship ride back in time on lovely Loch Katrine.

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## KINGDOM OF FIFE



### COASTAL TOWNS AND VILLAGES

Fife has an array of interesting towns and villages to visit. From world-famous St Andrews to North Queensferry where you'll find marine attraction Deep Sea World to Aberdour with its imposing castle, there is much to discover. Explore the charming villages of the East Neuk like the village of Elie, where Elie Watersports offers sailing, watersports, and much more.



### FIFE COASTAL PATH

Stretching from the Firth of Forth in the south to the Firth of Tay in the north, the Fife Coastal Path stretches for a distance of 117 miles, offering an unrivalled walking experience. Choose easy or challenge sections and explore rugged cliffs, award winning beaches, wildlife reserves and interesting towns and villages as you go.



### SCOTTISH FISHERIES MUSEUM

The Scottish Fisheries Museum in Anstruther is a multi award-winning national museum which tells the story of Scottish fishing from the earliest times to the present. Situated in the heart of the Fife fishing community, it features buildings dating back to the 16th century, as well as 15 historic boats and over 66,000 objects from across Scotland.



### FIFE BEACHES

Fife's stunning coastline is lined with beautiful beaches and in fact the areas boasts the most Scottish Beach Award locations of any country in Scotland. Many are managed by Fife Coast and Countryside Trust – their website has a handy [downloadable guide](#) with a map of beach locations in Fife and information on the facilities available at each.



### ISLE OF MAY BOAT TRIPS

The magical Isle of May is a National Reserve, five miles off the Fife coast, home to an array of wildlife, as well as remains of 6th and 12th Century monasteries and three light houses, including the oldest in Scotland. A boat trip to this unique place is a not to be missed experience for lovers of wildlife and the natural world. Trips from Anstruther early May to late September.

## DUNDEE AND ANGUS



### RRS DISCOVERY / V&A DUNDEE

The Royal Research Ship (RRS) [Discovery](#) is the actual vessel on which Captain Scott and his crew sailed on their heroic voyage of exploration to the Antarctic. Right alongside, the [V&A Museum of Design](#) (opened Sept 2018) is Scotland's newest world-class visitor attraction. It will highlight Scotland's globally important history of design and offers views over the River Tay.



### ANGUS COASTAL ROUTE

The Angus Coastal route takes you a journey of scenic discovery along Scotland's east coast. Linking the cities of Dundee and Aberdeen, the route takes in charming towns, nature reserves and numerous fascinating attractions. It also offers splendid views of the Grampian Mountains, the Angus Glens and the North Sea.



### ANGUS NATURE RESERVES

Nature lovers in Angus should head for the RSPB's [Loch of Kinnordy](#) Nature Reserve, which attracts the elusive osprey in the summer months. When you visit, you'll have an excellent vantage point from one of three hides. Scottish Wildlife Trust's [Montrose Basin](#) covers 750 hectares, and is home to over 80,000 migratory birds, with four hides in its its four-star visitor centre.



### ARBROATH

As well as the Declaration of Arbroath of 1320, which proclaimed Scotland's independence, Arbroath is most famous for the famous 'Arbroath Smokie'. This fish delicacy (haddock smoke-cured over oak chips) is still produced in a number of family-run smokehouses tucked in around the attractive old harbour. Join [Arbroath Angling](#) to try your luck at landing crab and lobster.



### RIVER TAY

The River Tay is the longest river in Scotland at 119 miles and is one of the five big Scottish salmon rivers. At the mouth of the Tay in Dundee, there are unique ways to experience the river. Take a [Pirate Boat Trip](#) to spot bottlenose dolphins and enjoy a unique view of the city from the water, or join [Foxlake](#) at Dundee City Quay to have a go at wakeboarding.

## PERTSHIRE



### LOCH TAY

Lovely Loch Tay is not only an area of scenic beauty, but it also offers some unique experiences. [The Scottish Crannog Centre](#) is an award-winning and interactive attraction which shows what Iron Age life was like with a reconstructed prehistoric loch-dwelling. [Loch Tay Safaris](#) offer boat trips with commentary which brings the history and heritage of Loch Tay to life.



### QUEEN'S VIEW, LOCH TUMMEL

The Queen's View, overlooking Loch Tummel, is one of Scotland's top beauty spots. Some say it was named after Queen Victoria, following her visit in 1866, while others say it's named after King Robert the Bruce's wife, Queen Isabella, over 550 years earlier. The visitor centre at the loch's eastern edge offers stunning view over the loch and beyond to iconic Schiehallion.



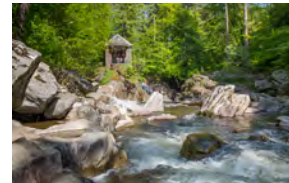
### PITLOCHRY DAM VISITOR CENTRE

On the banks of the River Tummel, this fascinating centre operated by energy company SSE has outstanding views over Pitlochry Dam and Loch Faskally. It tells the story of the amazing engineering feats that first brought hydro electricity to the Highlands in the 1950s. Don't miss the unique salmon ladder, crossed by over 250,000 salmon since it was built in 1952.



### WATER-BASED ACTIVITIES

There are plenty of opportunities to get active on Perthshire's lochs and rivers and a range of companies that can help you do so. These include kayaking trips with [Outdoor Explore](#), paddle boarding or aqua zorbing at the [Willowgate Activity Centre](#) and white water rafting with Nae Limits and Splash. There's a water based activity in Perthshire to suit everyone.



### THE HERMITAGE

Cared for by the National Trust for Scotland, this stretch of magical Perthshire forest was an 18th-century pleasure ground for the Dukes of Atholl. Take the path to the roaring Black Linn waterfall, where the River Braan crashes into the deep, foaming pools below, and discover the picturesque 18th-century folly known as Ossian's Hall, which overlooks the stunning waterfall.

## LOCH LOMOND AND THE TROSSACHS



### LOCH LOMOND

Loch Lomond is celebrated in the famous song 'The Bonnie Banks of Loch Lomond'. It's unusual in that there are 22 islands in the middle of the loch. To explore its beauty to the maximum set sail with one of the local cruise companies such as [Cruise Loch Lomond](#) or [Sweeney's Cruises](#), or admire panoramic views from the [West Highland Way](#).



### LOCH KATRINE

Loch Katrine lies at the heart of what is affectionately known as 'Rob Roy Country'. This area was the Trossachs homelands of the Scottish outlaw and folk hero Rob Roy MacGregor. Set sail on Loch Katrine on the Steamship Sir Walter Scott, which has been ferrying passengers round the loch since 1899, or hire cycles to circumnavigate it!



### LOCHS IN THE NATIONAL PARK

While Loch Lomond and Loch Katrine are perhaps the best known, Loch Lomond and the Trossachs National Park has an abundance of scenic lochs bordered by mountains and forests. Check out the Park Authority's list of the area's best loved lochs, including Loch Lubnaig, Loch Achray and the Lake of Menteith, the only 'lake' in Scotland.



### SCENIC WATERFALLS

The Trossachs are home to some of Scotland's best loved waterfalls. The beautiful [Falls of Dochart](#) run through the small town of Killin, located at the western end of Loch Tay. [Bracklinn Falls](#) are one of the most spectacular waterfalls in Scotland. Located in the woods above the town of Callander, they are especially impressive after a heavy rain fall.



### WATER-BASED ACTIVITIES

There's a range of operators to choose from which offer watersports activities and experiences on Loch Lomond. From boat and kayak hire to fishing trips, pleasure cruising and even jet ski safaris, you'll find a way of experiencing one of the world's most famous stretch of water to suit you!