

Scotland's Tay Country - Food and drink delights



St Andrews Farmhouse Cheese



House of Bruar food hall



Christmas food market, Dundee



Arbroath Smokies, Auchmithie

Food and drink experiences to inspire

From beautiful beaches to buzzing culture, tranquil glens to tantalising food and drink and a vibrant music scene, Scotland's Tay Country is designed to enrich the senses. The region is designed to be explored – whether it's an inspiring visit to V&A Dundee, opening in September 2018, enjoying the ambience at one of the many music and food festivals throughout the year, or savouring the taste of delicious local food and drink, every corner of this region has something to discover.

The vibrant culture of Scotland's Tay Country and its friendly welcome and sheer range of things to see and do makes this one place where you'll wish you'd stayed longer to experience even more.



Travel distance to and from V&A Dundee

Towns	Miles	Kilometres
Carnoustie	13.5	21.7
Forfar	14	22.5
Kirriemuir	19	30.6
Arbroath	17	27.3
Montrose	30	48.3
Brechin	27	43.5
Glamis	12	19.3
St Andrews	16	25.75
Dunfermline	40	64.4
Kirkcaldy	30	48.3
Falkland	23	37
Anstruther	25	40.2
Perth	22	35.4
Pitlochry	51	82.1
Crieff	41	66
Blairgowrie	20	32.2
Dunkeld	39	62.8
Aberfeldy	56	90.1

EVENTS

MARCH

Taste of Angus Festival
www.visitangus.com

JUNE

Craik Food Festival
www.craikfoodfest.co.uk

SEPTEMBER

Dundee Flower & Food Festival
www.dundeeflowerandfoodfestival.com

NOVEMBER

Perth Chocolate & Gin Festival
www.perthcity.co.uk

ALL YEAR ROUND EVENTS

Angus Farmers' Market:

Montrose
 1st Saturday of the month
 Forfar
 2nd Saturday of the month
www.angusfarmersmarket.co.uk

Dundee Farmers' Market:

3rd Saturday of the month

Perth Farmers' Market:

1st Saturday of the month
www.perthfarmersmarket.co.uk

Fife Farmers' Market:

St Andrews
 1st Saturday of the month
 Dunfermline
 2nd Saturday of the month
 Cupar
 3rd Saturday of the month
 Kirkcaldy
 last Saturday of the month
www.fifefarmersmarket.co.uk

Bowhouse Food Weekends, St Monans
www.balcaskie.co.uk/bowhouse-food-weekend

Balgove Night Market, St Andrews
www.balgove.com/pages/night-market

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Day 1



1
Lindores Distillery & Visitor Centre – visit the spiritual home of Scotch whisky, where records indicate that the first whisky was produced by Tironensian Monks at Lindores Abbey in 1494. Group tours, tastings, private dinners by arrangement. Coach parking on site.
T: 01337 842547
E: helen@lindoresabbey.com
www.lindoresabbey.com



2
St Andrews Farmhouse Cheese Company – watch the cheesemaking process of handmade Anster cheese to a traditional recipe by Jane Stewart using milk from the farm's cows from the purpose-built viewing gallery. The Butterpat Coffee Shop serves lunch and homebaking. Group visits welcome, please book in advance.
T: 01333 312 580
E: info@standrewscheese.co.uk
www.standrewscheese.co.uk



3
Kingsbarns Distillery and Visitor Centre – based in a charming 18th century farm steading, the visitor centre offers a range of different tours and tastings from the Wemyss Malts collection of Scotch whiskies as well as an exhibition. There is a whisky and souvenir shop and café serving light refreshments. Groups welcome, coach parking on site.
T: 01333 451300
E: info@kingsbarnsdistillery.com
www.kingsbarnsdistillery.com



4
Balgove Larder – conceived from a love of fresh, Scottish fare, Balgove has become a hub for top notch locally reared, grown, stalked, caught, handmade, and prepared foods. Whether you're an experienced cook or just an enthusiastic foodie, take a class with a master butcher or just enjoy the steak barn and café. Advance booking required, coach parking on site.
T: 01334 898 145
E: info@balgove.com
www.balgove.com



5
Eden Mill – enjoy a whisky, gin or beer tour and tasting at the original site where the famous Haig family made whisky, gin and beer for most of the 19th century at what was Scotland's original single site distillery and brewery. Advance group booking required, coach parking close to site.
T: 01334 834 038
E: hello@edenmill.com
www.edenmill.com

Day 2



1
Loch Leven Larder – an award-winning family-run farm, restaurant, deli and retail shop situated 3 miles off the M90 near Kinross – easily accessible from all over Scotland. A unique visitor experience with personal service, differing dining options, a well-stocked deli and a nature trail that is teeming with wildlife! Groups welcome with advance booking.
T: 01592 841000
E: emma@lochlevenslarder.com
www.lochlevenslarder.com



2
Famous Grouse Experience at Glenturret Distillery – a 5-star attraction open all year. Enjoy a range of tours of Scotland's oldest distillery, which includes an award-winning interactive show, café, shop and even a dram of whisky. Established in 1775, The Glenturret is an authentic working distillery with a rich history and fascinating attractions.
T: 01764 656565
E: events@thefamousgrouse.com
www.experience.thefamousgrouse.com



3
Dewar's World of Whisky – hear the extraordinary tale of John Dewar & Sons and the inspiring story behind America's top selling Scotch whisky. Distillery and warehouse tours available, along with a unique heritage centre providing interactive challenges and access to archives. Shop offers exclusive bottling and there's also a café serving local produce.
T: 01887 822014
E: jwilson@bacardi.com
www.dewars.com



4
Iain Burnett Highland Chocolatier – sample award-winning chocolates of outstanding and exquisite quality. Explore all and learn of Iain Burnett's artisan chocolates in the fascinating exhibition about gourmet chocolate, browse the elegant showrooms and experience the magical coffee and chocolate house. Advance booking required.
T: 01887 840775
E: chocolatier@highlandchocolatier.com
www.highlandchocolatier.com



5
Edradour Distillery – welcomes coaches and large groups of visitors from all over the world to this 5-star attraction, which is open from April to October. Take a guided tour of Scotland's smallest distillery and cask warehouse to witness the traditional methods of whisky making. Advance group booking required. Language guides can be provided where possible.
T: 01796 472095
E: tours@edradour.com
www.edradour.com

Day 3



1
Peel Farm – tailored classes at this farm shop and café with jam making and gin tasting experiences, art, craft, gifts and antiques centre. Located near the Loch of Lintrathen. Opened 30 years ago, it promises the visitor a friendly, warm experience. Advance group booking required with coach parking on site.
T: 01575 560718
E: enquiries@peelfarm.com
www.peelfarm.com



2
Newton Farm Tours – experience a real working Angus farm on an authentic tour with the farmer. Meet and feed all the friendly animals, hear their stories and learn where your food comes from and what daily life is like. Soak up the country air on a unique alpaca walking experience. Advanced booking essential. Tour suitable for all ages.
T: 01307 820229
E: stay@newtonfarmholidays.co.uk
www.newtonfarmholidays.co.uk



3
Glenesk Hotel – a traditional property situated in the picturesque village of Edzell. The 360 Bar, with over 1,000 malts, is a Guinness World Record Holder. Private whisky tastings available with whisky experts. Enjoy traditional Scottish food featuring the best local produce. Private tastings and dinners by arrangement. Coach parking on site.
T: 01356 647333
E: reception@gleneskhotel.com
www.gleneskhotel.com



4
The Gin Bothy – following the seasonal calendar of Scotland the range includes raspberry, rhubarb, strawberry, blueberry and the three gold star *great taste* Gunshot Gin. Located just outside Kirriemuir with picturesque views, the Bothy Larder Tasting Rooms can take bookings of up to 16 people by appointment only. Coach parking on site.
T: 01575 570111
E: info@ginbothy.co.uk
www.ginbothy.co.uk



5
Arbroath Smokie Trail – Arbroath Smokies are haddock, smoked over hardwood, using a specific process, in and around the small fishing town of Arbroath in Angus. A truly regional Scottish delicacy, which has achieved worldwide recognition for its unique flavour and quality of taste. Sample on menus at restaurants along the trail.
www.visitangus.com

Day 4



1
Delicious Dundee – discover a flourishing food and drink scene. Contemporary restaurants and enterprising bistros sit alongside cool coffee houses, tasteful cafés, craft beer bars and good food shops. Foodies can also enjoy a taste of our area's abundant local produce at Dundee Farmers' Market, City Square every third Saturday of the month. Whilst Dundee's annual Flower and Food Festival is a showcase event not to be missed.
www.dundee.com



2
71 Brewing – Dundee's first new brewery in over 50 years and close to the city centre. Tour the brewhouse and learn some of the secrets behind the ever-expanding range of world class beers. Even better, you can find out for yourself with a tasting in our brewery taproom. Maximum number in group: 12 for tours, 25 for taproom. Advance booking for tours only. Free on site parking.
T: 01382 203133
E: info@71brewing.com
www.71brewing.com



3
Verdant Spirits Distillery – opening in summer 2018 for tours and courses in the gin school. The first distillery in Dundee in 200 years where "one of the top 10 Scottish Gins to look out for" by *the Scotsman* and the Scottish Gin of the Year (2017) is produced. Advance booking required. Coach parking on site or a short walk from the city centre.
T: 01382 220426
E: info@verdantspirits.co.uk
www.verdantspirits.co.uk



4
Clark's Bakery – see Dundee Cake, the famous traditional Scottish fruit cake which originated in nineteenth-century Scotland and was originally made as a mass-produced cake by Dundee's Keiller's marmalade company, being made first hand at this third generation family bakery. Open for tours daily. Advance booking required. Parking available on site or short walk from city centre.
T: 01382 641048
E: accounts@clarksbakery.co.uk
www.clarksbakery.co.uk



5
Innis & Gunn Brew School – meet the Grain Father who'll coach you through the basics behind a great brew, teaching you all you need to know. You'll also get a five litre mini keg of your own beer to take away. Breakfast and lunch included. All guests must be aged 18 or over. Groups from two to 12 people welcome from 10.30am - 4pm.
T: 01382 202070
E: Dundee@thebeerkitchen.co.uk
www.innisandgunn.com/bars/dundee/brew-school